

chén chén fù xīng wǒ chàng shī wǒ dǎo gào
晨晨复兴 - 我唱诗我祷告 (儿诗 503)

Morning Revival - I Sing Hymn and I Pray

Db

3/4

5̣	1	1	3̣ 2̣	1	1	5̣	6̣	1	6̣	5̣ -
zhǔ	yē	sū	wǒ	xǐ	huān	kàn	jiàn	zhè	qīng	chén
主	耶	稣!	我	喜	欢	看	见	这	清	晨!
O!	Dear	Lord!	I	love	to	see	the	mor-	ning	time!
5̣	1	1	2	3	3	5	5	3	1	2 -
bǎi	huā	kāi	xiǎo	niǎo	jiào	dōu	zài	zàn	měi	shén
百	花	开!	小	鸟	叫!	都	在	赞	美	神!
Flo-	wers	bloom!	The	birds	cry!	All	they're	prai-	sing	God!
5̣	1	1	3̣ 2̣	1	1	5̣	6̣	4	6̣	5̣ -
wǒ	de	xīn	zhēn	kuài	lè	dāng	wǒ	qīn	jìn	nǐ
我	的	心	真	快	乐!	当	我	亲	近	你!
My	whole	heart	really	ha-	ppy	when	I	draw	near	You!
5̣	1	1	2	3	5̣	4	5̣	5̣	7	1 -
wǒ	chàng	shī	wǒ	dǎo	gào	yào	tǎo	nǐ	huān	xǐ
我	唱	诗!	我	祷	告!	要	讨	你	欢	喜!
I	sing	hymn!	I	praise	You!	May	I	make	You	ha-
7̣ 1̣	2	2	5	2	2	7	2	1	6	5 -
gǎn	xiè	nǐ	yòu	cì	wǒ	zhè	měi	lǐ	yì	tiān
感	谢	你!	又	赐	我	这	美	丽	一	天!
Thank	You!	Lord!	Give	to-	day	is	so	beau-	ti-	ful!
7̣ 1̣	2	2	5	2	2	7	1̣ 7̣	1̣	2̣ 3̣	4̣
kěn	qiú	nǐ	bǎo	shǒu	wǒ	huó	zài	nǐ	miàn	qián
恳	求	你,	保	守	我	活	在	你	面	前!
I be-	seech	You,	Keep	me	to	live	in	You!	In	front
6̣	5	3	3̣ 2̣	1	1	5̣	6̣	4	6̣	5 -
měi	yì	kè	měi	yí	shí	qiú	nǐ	bú	shāo	lí
每	一	刻,	每	一	时,	求	你	不	稍	离,
E-	very	mo-	ment	I	ask!	Don't	leave	me	a-	lone!
5̣	1	1	2	3	5̣	4	5̣	5̣	7	1 -
zhí	děng	dào	wǎn	xīng	qǐ	rén	zài	nǐ	huái	lǐ
直	等	到	晚	星	起,	仍	在	你	怀	里!
Un-	til	the	night	stars	raise!	I	still	rest	in	You!

shī piān yī bǎi sì shí sān piān bā jié (Psalms 143:8)
 诗 篇 一 百 四 十 三 篇 八 节 (Psalms 143:8)

qiú nǐ qīngchén shǐ wǒ dé tīng nǐ de cí ài yīn wǒ xìn kào nǐ qiú nǐ shǐ wǒ zhī dào dāng xíng de dào lù
 求你清晨使我得听你的慈爱，因我信靠你。求你使我知道当行的道路...

Cause me to hear Your lovingkindness in the morning, For in You I trust.

Make known to me the way on which I should walk...

chén chén fù xīng jiàn kāng de shēng huó
晨晨复兴 - 健康的生活 (亲子手册 12-7)

Morning Revival - Healthy Living

G

2/4

3	4	5	3	1	2	1	1	7	7		
qīng	zǎo	qǐ	lái	jiù	chén	xīng	qīn	jìn	zhǔ		
清	早	起	来	就	晨	兴	亲	近	主,		
I	wake	up	ear-	ly,	I	come	to	the	Lord!		
2	3	4	2	7	1	7	6	5	5		
quán	jiā	yì	tóng	lái	guò	jiàn	kāng	shēng	huó		
全	家	一	同	来	过	健	康	生	活;		
All	my	fa-	mi-	lies	have	a	heal-	thy	living		
3	4	5	1	2	3	2	1	6	2	3	4
hū	zhǔ	míng	dǎo	zhǔ	huà	xiǎng	fēng	fù	líng	bǎo	zú
呼	主	名,	祷	主	话,	享	丰	富,	灵	宝	足,
Call	Lord's	name!	Pray	God's	word!	Enjoy	His	riches!	We	satis-	fy!
3	2	5	4	3	2	1 -	1 -				
shén	shèng	lián	jié	hé	shén	qí					
神	圣	联	结	何	神	奇!					
Ho-	ly	u-	nion	How	marvel-	lous!					
1 .	1	3	1	2 .	2	2 -					
chàng	shī	dǎo	dú	xiǎng	shòu	zhǔ					
唱	诗	祷	读	享	受	主,					
Sing	Hymns!	Pray-	read!	Enjoy	the	Lord!					
2 .	2	4	2	3 .	3	3 -					
ruò	yǒu	kuī	qiàn	jiù	huī	gǎi					
若	有	亏	欠	就	悔	改,					
An-	y	short-	coming	I	re-	pent!					
3 .	3	5	3	4 .	4	4					
bǐ	cǐ	xiāng	ài	bú	dìng	zuì					
彼	此	相	爱	不	定	罪,					
Love	one	a-	nother	no	judg-	ment!					
3	2	5 -	7 -	1 -	1						
chōng	mǎn	zhǔ	tóng	zài							
充	满	主	同	在!							
Full	of	joy	with	the	Lord!						

yē lì mǐ āi gē sān zhāng èr shí èr zhì èr shí sān jié (Lamentations 3:22-23)
 耶利米哀歌三章二十二至二十三节

yē hé huá de cí ài tā de lián mǐn bú zhì duàn jué měi zǎo chén zhè dōu shì xīn de
 ...耶和华的慈爱, 祂的怜悯不至断绝, 每早晨这都是新的...

**Jehovah's lovingkindness...His compassion do not fail;
 They are new every morning...**

How to Contact and Enjoy the Lord

Lesson One

Morning Revival

Burden to Impart:

1. *We need to begin our day with morning revival:*

Morning revival consists of rising up early in the morning to receive our spiritual food.

2. *How to accomplish morning revival:*

Calling upon the Lord's name, Pray reading God's word, and Praising the Lord by singing.

Facts to Teach:

I. *Psalm 57:8: "Awake, my glory: Awake, O harp and lyre! I will awaken the dawn."*

When the Israelites went into the wilderness from the land of Egypt, Jehovah gave them manna to eat. This unique food fell from the heavens down to the Israelite camps to be eaten by them. The children of Israel would go out from the camp and gather a day's portion every day. They gathered it in the early morning, and when the sun became hot, it melted. Manna signifies our spiritual food, and we must rise up very early in the morning to gather the manna. Signifying that we must come before the Lord to enjoy the word of God early every morning to be spiritually nourished by God.

II. *Psalm 119:148: "My eyes anticipated the night watches that I might muse upon your word."*

The choices made by the saints to rise up late or get up early in the morning to come before the Lord indicates the "heart of the saints". One sister said, "If the saint loves the Lord more than sleeping, then he or she shall rise up early in the morning." Many crucial servants used by the Lord in the Bible, got up very early in the morning to have the intimate fellowship with the Lord (e.g. Abraham, Jacob, Moses, Joshua, Samuel, and David etc.) The Lord Jesus also went to pray in the wilderness in the very early morning. All of them are our pattern. It helps us to see that if one wants to grow in life and be useful in the Lord's hand, he or she must practice to meet and contact God in the very early morning.

III. *Psalm 119: 147: "I anticipated the dawn and cried out; I hoped in Your words."*

We should call upon the name of the Lord when we open our eyes and wake up in the early morning. This is a spiritual deep breath to begin our new day. We should cry out to the Lord on the one hand, and also pray to the Lord on the other hand. We must pray and say to the Lord, Oh! Lord Jesus, I love you! I need you and adore you! It is our exhale when we speak from our inner feeling. And it is also our inhale when we breath in the Lord. Eventually, our inner being will be purified and made healthy without our awareness.

IV. Judges 5:31: "... But may those who love Him be like the sun when it rises in its might."

We need to eat our breakfast physically in order to obtain strength for our physical life. Likewise, we also need to eat the words of the Lord inwardly as our spiritual food to gain the revival of our spirit. Before we contact any person, event, or thing in the morning, we should come before the Lord first. On the one hand, we cry out to the Lord; on the other hand, we pray read the Word of God. Then, we will get our nourishment and spiritual supply and be more vital all day long. The words of the Lord speak or operate within us even when we walk to or attend classes in school. Thus, our spirit will be strengthened and gain the genuine revival automatically, just like the sun when it rises in its might.

V. 2 Corinthians 4:16: "Therefore we do not lose heart, but though our outer man is decaying, yet our inner man is being renewed day by day."

The Spirit of the Lord is washing our inner being and renewing our whole being when we come to the Lord by rising up early in the morning to cry out the name of the Lord and pray read the Word of God. This is something we must do every morning like brushing our teeth, washing our face, and eating breakfast. Also, the morning revival needs to be our exercise every day. This is the morning spiritual exercise of the Christian. If we practice the morning revival every day, we will get revived. The lover of the Lord likes the sun when it rises in its might based on the saying of the bible.

VI. Lamentations 3:22-23: "It is Jehovah's loving-kindness that we are not consumed, for His compassions do not fail; they are new every morning,"

"The eager lover of the Lord values the morning fellowship with the Lord, and he or she will by no means see the face of any person before seeing the face of God in the spirit based on the rhythm." One of the Lord's servants has also said, "The saint needs to fellowship with the Lord during the first 30 minutes of every morning after he or she wakes up. The saint must hear the voice of the Lord in the spirit before hearing any voice from other people during the time period we mentioned above. Furthermore, to pray to the Lord once a day is not adequate. The saint must return to the Lord continually during the day. However, the first 30 minutes of the morning is the most precious time period. It is easier to have fellowship with God at that time during the day."